Mahwah Medical

WMC Health | Bon Secours Medical Group
Westchester Medical Center Health Network

Date: _____

Patient Name:_____ DOB :_____

Health Maintenance Checklist

TEST	DATE	PLACE/DOCTOR
Mammogram Women 40yo and older annual		
Colorectal Cancer Screening (Please circle) Colonoscopy Sigmoidoscopy Stool testing – Please indicate which one. Age 50 and older. Repeat interval determined by provider		
Bone Density Women age 65yo Repeat interval determined by provider		
Pap smear Women 21-65yo every 3 years (or interval per GYN)		
Eye Exam Diabetics annual Glaucoma screen		
Recent Immunizations	Flu: Pneumococcal: Prevnar: Shingles: Shingrix: Tetanus: Tdap:	
Living Will or Advanced Directive		**If you have one please bring a copy to your visit**

Please provide a copy of result if possible.